

**Monday**



**Park Meatballs in Tomato Sauce (G)**

or



**(v)(h) Vegetable Cottage Pie (G.D.SB)**

or

**Jacket Potatoes Every Day**



**(v) Cheese/Beans (D)**

or



**(v) Cheese (D)**

or



**Tuna Mayonnaise (F.E)**

**Cold Option**



**(v) Cheddar Cheese (G.D)**

or



**Tuna Mayonnaise (F.E.G)**

or



**British Roast Chicken (G)**

or



**British Ham (G)**

or



**(v) Cheddar Cheese (G.D)**

or

**Week 1 Dessert Menu**

**Monday**

**(v)(h) Honey & Ginger Cookie (G)**

**Tuesday**

**(vg)(h) Chocolate Cracknell (G)**

**Wednesday**

**(vg)(h) Jam Tart (G)**

**(v) Frozen Swirl Mousse (D)**

**Thursday**

**(v)(h) Eves Pudding (G.E.D)**

**(vanilla apple sponge cake)**

**Friday**

**(vg)(h) Flapjack (G)**

**(vg) Jelly with Fruit**

**Tuesday**



**(h) Mild Chicken Curry**

or



**(v) Cheese & Tomato Pizza Wedge (G.D)**

**Wednesday**



**Roast Pork, Apple Sauce**

or



**(vg) Quorn Roast, Apple Sauce (G)**

**Thursday**



**(v)(h) Broccoli & Sweetcorn Pasta (D.G)**

or



**(v) Plant Power Sausages (D)**

**Friday**



**Fish Fillet Fingers (F.G)**

or



**(v)(h) Cheese & Baked Bean Pasty (G.D)**

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

**Pasta Options Available:**

- Monday - (v)(h) Tomato Pasta Bake (G.D)
- Tuesday - (v)(h) Tomato Pasta Bake (G.D)
- Wednesday - (v)(h) Cheesy Pasta Bake (G.D)
- Thursday - (v)(h) Tomato Pasta Bake (G.D)
- Friday - (v)(h) Cheesy Pasta Bake (G.D)

**PLEASE NOTE** some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

**Allergen Key**

- VG-Vegan, V-Vegetarian,**
- H-Homemade, G-Gluten/Wheat,**
- C-Celery, S-Sesame, F-Fish,**
- M-Mustard, SU-Sulphites, D-Dairy,**
- E-Eggs, SB-Soyabean.**

