

SOCIAL AND EMOTIONAL LEARNING

WEDDY HUB



Weddy Hub

EVERY CHILD EVERY CHANCE EVERY DAY



SELF-AWARENESS

- Identifying emotions
- Accurate self-perception
- Recognising strength
- Self confidence
- Self efficacy



SELF MANAGEMENT

- Impulse control
- Stress management
- Self-discipline
- Self-motivation
- Goal setting
- Organisational skills

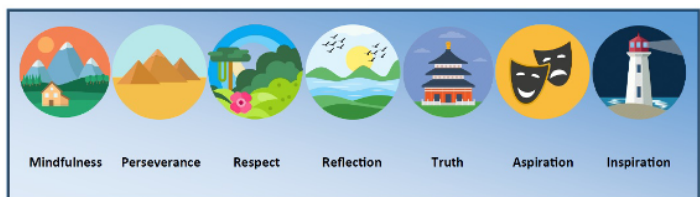


SOCIAL AWARENESS

- Understanding emotions
- Empathy / Sympathy
- Relationship building
- Teamwork

RELATIONSHIP SKILLS

- Communication
- Social engagement
- Relationship building
- Teamwork



RESPONSIBLE DECISIONS

- Identifying problems
- Analysing solutions
- Solving problems
- Evaluating Reflecting
- Ethical Responsibility